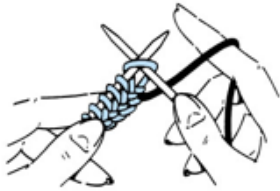


Beginner's Task #1: Knit Stitch Practice Square

Step One:

Hold the needle with the cast-on stitches in your left hand. Insert the point of the right needle into the first stitch, from right to left.

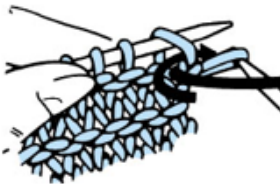


Step Two:

With right index finger, bring the yarn under and over the point of the right needle.



Step Three: With right needle, pull the yarn back through the stitch.



Step Four: Slip the loop on the left needle off, so the new stitch is entirely on the right needle.

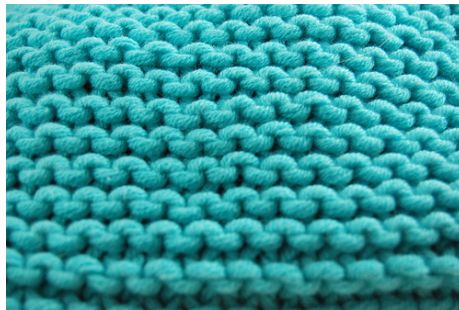


There are two basic stitches in knitting: KNIT and PURL. Once you have mastered these two stitches, you can make practically anything!

In this first task, you will practice your knit stitches and create a square/rectangle.

If this is your first time knitting, don't worry about making mistakes because they will happen. In fact, your "square" will likely look more like a trapezoid or abnormal shape. The important thing is to get the hang of the movement. Every few rows check to see if you have the correct number of stitches. The number *should* not change (but probably will).

FYI: Repeating rows of knit stitches is called Garter Stitch and your result *should* look like this:



Instructions:

CAST ON 30 stitches *

Row 1: Knit every stitch. Turn over

Row 2 and every following row: Knit every stitch.

Continue until you have a square

BIND OFF

* If you are new to knitting, you may want to ask a more experienced knitter to do the initial cast on.