

## **English 9 - Uninterrupted Sustained Silent Reading (USSR)**

*"The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss*

At the beginning of each class, fifteen minutes is set aside for you to read a book of your choice. Books can be fiction or non-fiction. The USSR program is worth 5% of your English mark; this mark is based on focused participation during daily reading time, quality and quantity of books read, and written responses to each book.

To achieve an **A** your choice of books must include at least one selection from the book room titles.

### **What's so good about reading??**

- it expands your vocabulary
- it improves your spelling
- it helps you understand different ways of life
- it helps you understand different ideas
- it can relieve stress
- it can be entertaining
- it can provide an escape from the everyday
- it is an invaluable skill that is needed for any career you choose
- it is great exercise for your brain and it can help prevent such conditions as Alzheimer's

### **Choosing a book**

Look for a book that you will enjoy and that is challenging, but not too difficult for you. Ask people for recommendations of good books to read – check with your teacher, your friends, the librarian.