



Pursuit of Excellence: Food Studies and Nutrition

Staff Contact: Mrs. Parks

Required Coursework:

- Food Studies 11 and/or Cafeteria 11
- Food Studies 12 and/or Cafeteria 12

Other Requirements:

- completion of Food Safe
- participation in Skills Canada competition

Pathway Exploration/Work Experience: 20 hours over 2 years.

- may include paid or volunteer work experience

Examples include:

- job shadow or employment in the food industry or in dietetics
- workshops or cooking classes in the community
- interviewing professionals in the food industry
- touring a post-secondary institution's Culinary Arts program

Name: _____

Food Studies and Nutrition Pathway Tracking Form

| Course | Year and Semester Completed | Grade (%) |
|-----------------|-----------------------------|-----------|
| Food Studies 11 | | |
| Cafeteria 11 | | |
| Food Studies 12 | | |
| Cafeteria 12 | | |
| Food Safe | | |
| Skills Canada | | |

Skills Canada

Describe your experience at Skills Canada and how you prepared for the competition.

What did you learn?

STAFF ASSESSOR SIGNATURE

Pathway Exploration/Work Experience: 20 hours total (may be completed any time during grades 11 and 12, including breaks)

- may include paid or volunteer work experience

Examples include:

- job shadow or employment in the food industry or in dietetics
- workshops or cooking classes in the community
- interviewing professionals in the food industry
- touring a post-secondary institution's Culinary Arts program

Once you have completed your pathway related activities, log your hours in a Pathway Exploration/Work Experience Form. Fill out one form per activity.