



CLAREMONT

SECONDARY SCHOOL

Basketball 10-12 Sports Performance: Application Form

Student Name: _____ **Grade in September 2024:** _____

Student School Email Address: _____

Student Preferred Email Address: _____

Do you have a way to get to school for 730am for BBALL CLASS? Yes / No (circle one)

1) Are/were you a member of any formal basketball team this past year? Yes / No (circle one)

If yes, which one? _____

Who is/was the Coach of this team? _____ (please print name)

2) Training:

Approximately, how many hours of basketball do you play each week? _____

What physical/mental training do you do and how often? Where does this training take place?

3) Please indicate your reasons for applying to the Basketball 10-12 Sports Performance Class at Claremont Secondary. Point form is fine.



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4) Were you in BB10-12 class last year? Yes / No (circle one)

If not, please explain your reasoning. *If you are in Grade 9, no explanation is needed.*

5) Student Self Reflection:

(Please rank yourself on a scale of 1 to 5 with 5 being the most proficient). Answer with honesty.

	1	2	3	4	5
General Ability on the Court					
Overall Effort and Work Ethic					
Attendance					
Shooting					
Dribbling					
Passing					
Social Responsibility					
Leadership Potential					
Coachability					

6) CLOTHING:

This course does include a student **fee of \$80** (for guest coaches, clothing, equipment, fuel for bus/transportation, prizes and food for games/mini-tournaments etc.).

*Each grade is provided with a different item of clothing (hat, shorts, shirt, toque, reversible pinnie...).

→ If approved and selected for BB10-12 sports performance class, please indicate appropriate sizing for the following:

Reversible Pinnie: _____ (Unisex: Small, Medium, Large, XL, XXL)

Shorts: _____ (Unisex: Small, Medium, Large, XL, XXL)

Shirts: _____ (Unisex: Small, Medium, Large, XL, XXL)