

# **Basketball 10-12 Sports Performance:** Application Form

Student Name: \_\_\_\_\_\_ Grade in September 2025: \_\_\_\_\_

Student School Email Address:\_\_\_\_\_

Student Preferred Email Address:\_\_\_\_\_

Do you have a way to get to school for 730am for BBALL CLASS? Yes / No (circle one)

1) Are/were you a member of any formal basketball team this past year? Yes / No (circle one) 

### 2) Training:

Approximately, how many hours of basketball do you play each week? What physical/mental training do you do and how often? Where does this training take place?

3) Please indicate your reasons for applying to the Basketball 10-12 Sports Performance Class at Claremont Secondary. Point form is fine.



### 4) Student Self Reflection:

(Please rank yourself on a scale of 1 to 5 with 5 being the most proficient). Answer with honesty.

	1	2	3	4	5
General Ability on the Court					
<b>Overall Effort and Work Ethic</b>					
Attendance					
Shooting					
Dribbling					
Passing					
Social Responsibility					
Leadership Potential					
Coachability					

### 5) CLOTHING:

This course does include a student **fee of \$80** (for guest coaches, clothing, equipment, fuel for bus/transportation, prizes and food for games/mini-tournaments etc.).

\*Each grade is provided with a different item of clothing (hat, shorts, shirt, toque, reversible pinnie...).

 $\rightarrow$  If approved and selected for BB10-12 sports performance class, please indicate appropriate sizing for the following:

Reversible Pinnie: \_\_\_\_\_ (Unisex: Small, Medium, Large, XL, XXL)

Shorts: \_\_\_\_\_ (Unisex: Small, Medium, Large, XL, XXL)

Shirts: \_\_\_\_\_ (Unisex: Small, Medium, Large, XL, XXL

Student Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_(day/month/year)

## "I've failed over and over and over again in my life. And that is why I succeed." - Michael Jordan

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