



# CLAREMONT

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## SECONDARY SCHOOL

### Sport Performance Volleyball 10-12 Application Form

Thank you for your interest in the Volleyball 10-12 class at Claremont. This program is designed for student-athletes who wish to develop their volleyball skills while focusing on a combination of gameplay and skill development. Please complete the application form below to help us assess your experience and fit for the program.

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#### Student Information:

Full Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Student Number: \_\_\_\_\_

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#### Volleyball Background and Experience:

1. Have you played on any school or club volleyball teams? (Check all that apply)

No

Yes

School (please specify) \_\_\_\_\_

Club (please specify) \_\_\_\_\_

2. What position(s) do you typically play? \_\_\_\_\_

3. Have you attended any volleyball camps or training programs? If so, please list them:

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4. Do you have any coaching, officiating, or leadership experience related to volleyball? If so, please describe:

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**Skill Assessment:**

On a scale of 1 to 5 (1 = Beginner, 5 = Advanced), please rate your ability in the following skills:

- Serving: 1 2 3 4 5
  - Passing: 1 2 3 4 5
  - Setting: 1 2 3 4 5
  - Attacking: 1 2 3 4 5
  - Blocking: 1 2 3 4 5
  - Defense: 1 2 3 4 5
  - Game Strategy: 1 2 3 4 5
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**Program Fit:**

1. Why do you want to be part of the Physical Health Education: Volleyball class?

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2. What do you hope to gain from this program?

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**3. What qualities or skills do you bring that would make you a good fit for this program?**

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**Commitment and Expectations:**

By signing below, I confirm that all information provided is accurate to the best of my knowledge. I understand that participation in this program requires dedication, teamwork, and a commitment to improving my volleyball skills.

\*Please note that the Volleyball class is an elective credit, and does not satisfy the PHE 10 graduation requirement.

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_