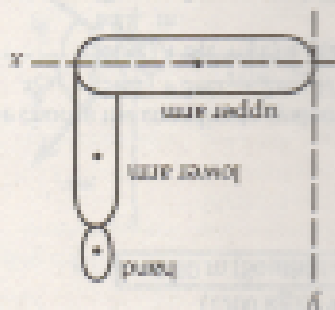


$$x_{CM} = \frac{m_{upper}x_{upper} + m_{lower}x_{lower} + m_{hand}x_{hand}}{m_{upper} + m_{lower} + m_{hand}} = \frac{(16.6)(14.7) + (17.2)(29.5) + (1.7)(66)}{16.6 + 17.2 + 1.7} = 22 \text{ cm}$$

$$y_{CM} = \frac{m_{upper}y_{upper} + m_{lower}y_{lower} + m_{hand}y_{hand}}{m_{upper} + m_{lower} + m_{hand}} = \frac{(16.6)(0) + (17.2)(10.7) + (1.7)(29.6)}{16.6 + 17.2 + 1.7} = 7.6 \text{ cm}$$



54. We choose the shoulder as the origin. The locations of the centers of mass for each of the segments are

upper arm:  $x_{upper} = (81.2 - 21.7)(100/155 \text{ cm}) = 14.7 \text{ cm}$

lower arm:  $x_{lower} = (81.2 - 62.2)(100/155 \text{ cm}) = 29.5 \text{ cm}$

hand:  $x_{hand} = (81.2 - 55.2)(100/155 \text{ cm}) = 10.7 \text{ cm}$

Because all masses are percentages of the body mass, we can use the percentages rather than the actual mass. Thus we have

The CM of an outstretched arm is

$$x_{CM} = \frac{m_{upper}x_{upper} + m_{lower}x_{lower} + m_{hand}x_{hand}}{m_{upper} + m_{lower} + m_{hand}} = \frac{(16.6)(9.5) + (17.2)(25.9) + (1.7)(28.1)}{16.6 + 17.2 + 1.7} = 19\% \text{ of the height}$$

Because all masses are percentages of the body mass, we can use the percentages rather than the actual mass. Thus we have

$$\text{upper arm: } 81.2 - 21.7 = 9.5\%$$

$$\text{lower arm: } 81.2 - 55.2 = 25.9\%$$

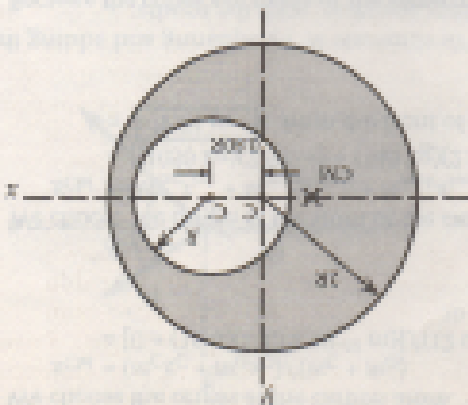
$$\text{hand: } 81.2 - 43.1 = 28.1\%$$

53. If we measure from the shoulder, the percentage of the height to the center of mass for each of the segments is

$$m_{leg} = m_{leg} \left[ \frac{1}{2}(21.5 + 9.6 + 34)/100 = 170 \text{ kg} \right] (34.1\%/100) = 12 \text{ kg}$$

52. If we assume a total mass of 70 kg, for one leg we have

The center of mass is along the line joining the centers (30% outside the hole).



51. We know from the symmetry that the center of mass lies on a line containing the center of the plate and the center of the hole. We choose the center of the plate as origin and  $x$  along the line joining the centers. Then  $y_{CM} = 0$ . A uniform circle has its center of mass at its center. We can treat the system as two circles: a circle of radius  $2R$ , density  $\rho$  and mass  $\rho(2R)^2$  with  $x_1 = 0$ ; a circle of radius  $r$ , density  $\rho$  and mass  $\rho r^2$  with  $x_2 = 0.30R$ . We find the center of mass from

$$x_{CM} = \frac{(2R)^2(0) + r^2(0.30R)}{(2R)^2 + r^2} = -0.27R$$